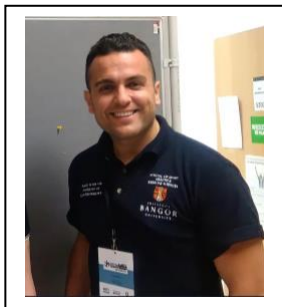


**POSTER FOR CANDIDATURE ELECTIONS FEPSAC MC 2026-2030**  
**Timisoara, Romania – Wednesday 15 July 2026**



Name: Recep Gorgulu  
Group member and acronym  
Association of Exercise and Sport Psychology,

Candidate for the position of  
Regular Member

Dr. Recep Görgülü is a specialist in sport and performance psychology with substantial academic and applied experience across Turkey and the United Kingdom. He earned his BSc in Sport Sciences from Uludağ University, followed by MSc and PhD degrees in Applied Sport and Exercise Psychology from Bangor University. While in the UK, he worked as a sport psychologist with several football and tennis clubs, utilizing evidence-based approaches to improve athletes' performance under pressure.

His research centers on the psychophysiological dimensions of performance, with particular emphasis on stress, anxiety, ironic performance errors, and individual differences in sport. His studies have been published in leading journals within the field, underscoring his contribution to high-impact research. In 2020, he was awarded the Excellence in Research Award by NASPSPA for his work on anxiety and performance errors.

Dr. Görgülü is currently a faculty member at Bursa Uludağ University and the founder of the Elite Performance Psychology Laboratory (PePLaB), where he leads a research team dedicated to advancing knowledge on elite performance and mental resilience.