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Michala Bednáriková
Slovak Association of Sport Psychology

Candidate for the position of
Secretary General

I am an applied sport psychologist from Bratislava, Slovakia, and throughout my professional journey I have remained committed to the development of sport psychology both nationally and internationally. My academic background is in psychology, which I chose with the intention of one day working in the field of sport. While my pathway into full-time applied practice was gradual, every step along the way contributed to the perspective and experience I bring today. Alongside earlier work experience in human resources development and management, I continued to invest in my education within sport psychology, attend international conferences, build professional relationships across Europe and beyond, and develop my applied practice with athletes, coaches, parents, and teams. Today, I have been working continuously in applied sport psychology for more than a decade, supporting athletes from various sports and performance environments.

Professional service and community building have always been an important part of my work. I strongly believe that professional organizations play a key role in connecting people, creating opportunities, and shaping the future of our field. Since 2011, I have actively contributed to several organizations within sport psychology. My involvement in professional service within sport psychology started in ENYSSP. In 2017, I initiated the re-establishment of the Slovak Association of Sport Psychology, where I currently serve my third term as president. Over the years, our association has focused on strengthening professional collaboration, increasing awareness of sport psychology in Slovakia, and creating educational opportunities for practitioners, coaches, and students.

Since 2019, I have been serving on the Managing Council of FEPSAC, first as a Managing Council regular member, and currently in my second term, as Vice President. These experiences have allowed me to gain deeper insight into the functioning, needs, and future potential of FEPSAC as a European organization. Through collaboration with colleagues from different countries and professional backgrounds, I have further strengthened my commitment to supporting communication, cooperation, and sustainable development within our community. With this background and experience, I would be honoured to contribute to FEPSAC in the role of Secretary General and continue supporting the federation and its members in achieving its mission and future goals.