

**POSTER FOR CANDIDATURE ELECTIONS FEPSAC MC 2026-2030**  
**Timisoara, Romania – Wednesday 15 July 2026**



Name: Franziska Lautenbach  
Group member and acronym  
Arbeitsgemeinschaft für Sportpsychologie (asp e.V.)

Candidate for the position of  
Regular Member

My name is Franziska Lautenbach, and I am Professor of Sport Psychology at Humboldt-Universität zu Berlin, Germany. I have been a Regular Member of the FEPSAC Managing Council since 2023.

My research focuses on positive emotions in sport and physical activity, particularly their role in performance, learning, well-being, and human development. I am interested in understanding how sport and physical education can be used to foster positive experiences that support health, personal growth, and lifelong engagement in physical activity.

One aspect of our field that is especially important to me is the support and development of early-career researchers. I strongly believe that sport psychology benefits from international exchange and collaboration, particularly at the beginning of academic careers. For this reason, I initiated the pilot phase of the European Mentoring Network, which aims to connect researchers across countries, facilitate mentoring relationships, and support the professional development of the next generation of sport psychology scholars.

FEPSAC plays an important role in bringing together researchers, educators, and practitioners across Europe. As a Regular Member of the Managing Council, I would like to contribute to this exchange and support initiatives that promote international collaboration, knowledge sharing, and the development of early-career researchers.